



THE NATIONAL GAS COMPANY
OF TRINIDAD AND TOBAGO LIMITED



COVID-19

Coronavirus Disease 19

VISITOR BRIEF

Monday 16th March 2020

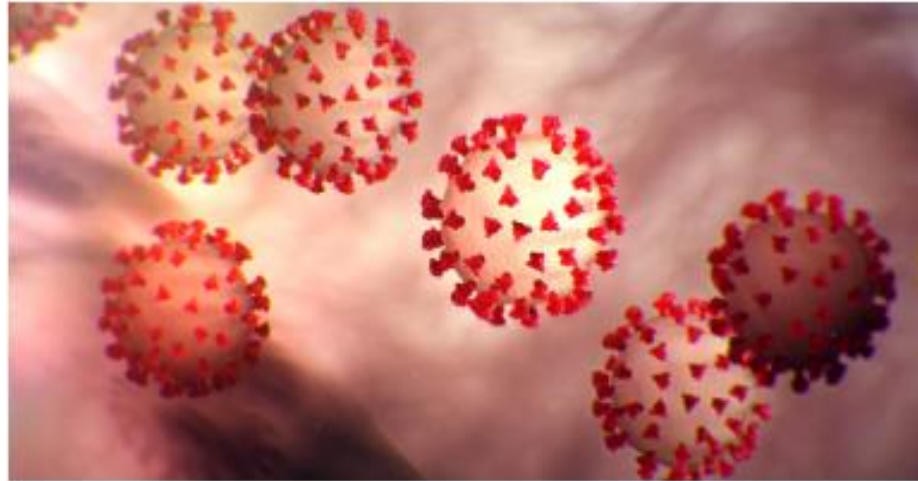




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01 What is it?

- Coronaviruses (CoV) - a large family of viruses that cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV).
- A **novel coronavirus (nCoV)** is a new strain that has not been previously identified in humans.



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02 How is it transmitted?



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03 Signs of Infection

- Respiratory symptoms



Cough



Shortness of Breath



Breathing difficulties

- Fever
- In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death





04 How can I protect myself?

1. Wash your hands frequently and thoroughly with soap and water or use an alcohol-based hand sanitizer.



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05 How can I protect myself?

2. Maintain at least 1 metre (3 feet) distance between yourself and anyone who is coughing or sneezing.



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06 How can I protect myself?

3. Avoid touching eyes, nose and mouth



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07 How can I protect myself?

4. **Practice respiratory hygiene** – cover your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately.



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08 How can I protect myself?

5. If you have fever, cough and difficulty breathing, seek medical care early - Stay home if you feel unwell. Follow the directions of your local health authority.



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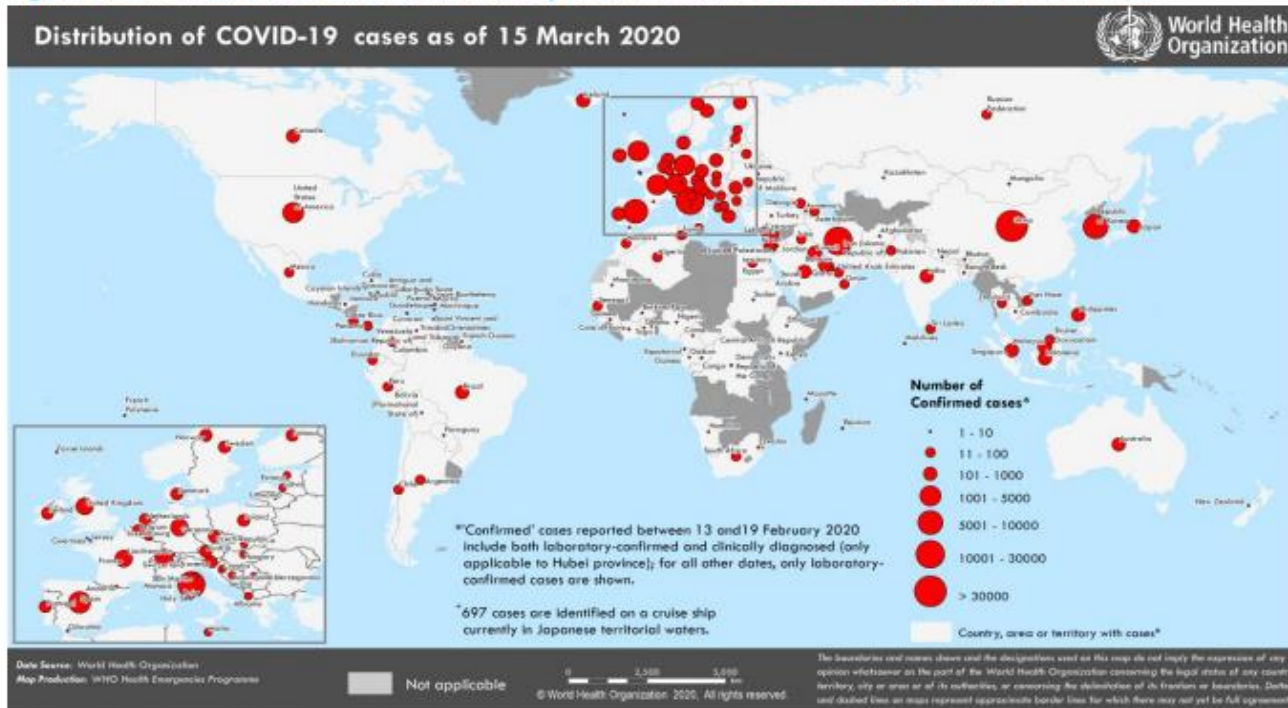
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09 How can I protect myself?

6. Stay informed on the latest developments about COVID-19

Figure 1. Countries, territories or areas with reported confirmed cases of COVID-19, 15 March 2020



SITUATION IN NUMBERS total and new cases in last 24 hours

Globally
153 517 confirmed
(10 982 new)
5735 deaths (343 new)

China
81 048 confirmed (27 new)
3204 deaths (10 new)

Outside of China
72 469 confirmed (10 955)
2531 deaths (333 new)
143 countries/territories/
areas (09 new)

WHO RISK ASSESSMENT

China	Very High
Regional Level	Very High
Global Level	Very High





10 Visitor Restrictions

1. **Avoid** non-essential travel to countries, territories or areas with reported confirmed cases of COVID-19

2. Complete [the travel restriction and declaration consent form](#) and submit to the respective host for review before arriving at any NGC Group Location.
If you have travelled to COVID-19 affected areas, follow these recommendations below or those of local authorities.

Guidelines for visitors to NGC Group locations

