



Government of the Republic of Trinidad and Tobago

## Ministry of Health

CORPORATE COMMUNICATIONS UNIT

Ground Floor Park Plaza, St. Vincent Street, Port of Spain

M E D I A R E L E A S E

March 10, 2020

### Trinidad and Tobago COVID-19 (Novel Coronavirus) Update # 13

**Port-of-Spain, March 10, 2020:** As part of the national drive to safeguard the health of the Trinidad and Tobago population in the face of the global COVID-19 outbreak, the Ministry of Health continues to provide up-to-date information on the country's status in this regard.

As of the afternoon of **Tuesday, 10<sup>th</sup> March, 2020** the Ministry reports the following:

- **Number of samples submitted to the Caribbean Public Health Agency (CARPHA) for testing for COVID-19 = 40**
- **Number of samples which have tested positive = 0**

The public is also advised that the **Caribbean Public Health Agency (CARPHA) has the only lab that is certified to test samples for COVID-19** and therefore, it is the only lab that can confirm positive or negative results of the samples.

The Ministry will continue to provide accurate information to the public in a timely fashion. The public is therefore urged to disregard and avoid sharing all unconfirmed, misleading and/or false information about COVID-19 (formerly Novel Coronavirus).

Members of the public are also asked to take the following personal hygiene measures to protect themselves and their loved ones from COVID-19:

- Wash your hands properly with soap and water
  - Use an alcohol-based hand sanitizer if water and soap are not available
- Cover your nose and mouth with a tissue when you cough or sneeze
  - Dispose of tissue immediately after using
  - Cough and sneeze into the crook of your elbow if you do not have a tissue
- Avoid touching your face
- Stay home if you are ill
  - Avoid close contact with people who have flu-like symptoms

The Ministry of Health remains committed to delivering quality health care and providing up-to-date and accurate information to the Trinidad and Tobago population.

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